

Please join the Poland Seminary

High School Cheerleaders

for a **ONE DAY CHEER CLINIC!**



Who: All Poland girls currently in grades 1 – 6
no prior cheerleading experience needed

When: Sunday, February 19th 11am - 2pm
please arrive between 10:30-10:45 for sign-in

Where: Poland High School Phys Ed Gym (near auditorium)
enter door near band room door facing the stadium

Cost: \$35 per child (check made payable to Poland All Sports Boosters)
family discount... \$20 for each additional sibling after the first

Come join us for a day of cheerleading spirit and fun! This clinic will teach and build on fundamental cheerleading skills such as proper stretching, jumps, kicks, motion placement and cheers. Skills and material will be taught by PSHS Cheerleaders and will be supervised by licensed cheerleading coaches.

Clinic participants will receive a t-shirt and a photo with the Bulldog, and will be invited to perform a cheer during half-time of the PSHS varsity basketball game held at home on Friday, February 24th! Girls should wear the clinic t-shirt to perform and gain free admittance to the game!

Participants should wear comfortable athletic clothing and tennis shoes and should bring water to drink.

Mail registration portion of this form with check (payable to Poland All Sports Boosters) by February 8th to:
Julie Rinehart
6283 Diana Dr.
Poland, OH 44514



If you have any questions, please email Julie Rinehart at jrinehart@polandschools.org



CHEER CLINIC PERMISSION AND REGISTRATION FORM

Participant Name _____ Parent/Guardian Name _____

Address _____ Grade _____

Best Phone Number _____ Parent Cell Phone _____

Signature of Parent/Guardian _____

Family Doctor Name _____ Phone Number _____

T-shirt size (circle one) YOUTH: SM MED LG ADULT: SM MED LG

*No registrations or payment will be accepted the day of the clinic.

*Poland Local Schools, Poland All Sports Boosters, cheer coaches and cheerleaders assume no responsibility for accidents or expenses resulting from participation in the clinic.